

KIDS FOUNDATION BULLETIN



WHAT'S HAPPENING IN 2025?

KIDS Foundation has been fortunate to receive funding from Flora and Frank Leith Charitable Trust, Petstock Foundation and RB Sellars to implement our programs in 2025.

SEEMORE KINDNESS PROGRAM

SeeMore Kindness is a wellbeing program that supports the health and safety of children. The aim of the program is to empower children to develop a sense of inner strength and uses kindness as the driving force to regulate their emotions, become connected, active, resilient, healthy, mindful and respond successfully to environmental challenges.

Last year, our program saw 100% effectiveness! Each centre showed an increase of between 3-28% in the areas of emotional intelligence and awareness that we assessed.



Part of the program includes an incursion with SeeMore himself, and also a visit from our miniature ponies, Carm and Eleven Eleven. It's always so rewarding to see how much the children take away from our incursions, and we love nothing more than the positive feedback and stories that we receive.



SEEMORE'S TOP TIPS FOR PROMOTING KINDNESS IN CHILDREN

For children, being kind means being nice, helpful, and caring towards others. It is about doing things that make people feel good and happy. Being kind involves listening, feeling and understanding others' needs.



Some of SeeMore's top tips for educators and families to help promote kindness include:

- **Teach Empathy:** Help children understand and share the feelings of others.
- **Modelling Kindness:** Children learn by observing, so be a positive role model by demonstrating kindness yourself.
- **Encourage Positive Social Behaviours:** Provide opportunities for children to engage in acts of kindness, such as volunteering or helping others.
- **Acknowledge and Reinforce Kindness:** Recognise and praise children's kind acts to encourage future kindness.

CONNECTING GENERATIONS IS BACK!

We are so thrilled to be back running our Connecting Generations Program again this year. The Connecting Generations program facilitates the connection of early childhood education centres (ECECs) and aged care groups, with the goal of these services coming together for a series of sessions.



This year, in partnership with Petstock Foundation, we are incorporating our equine program into the Connecting Generations program. The aim of the program is to improve the physical, mental and emotional health, safety awareness and understanding of the participants through activities involving a horse, and will include multiple visits from our miniature ponies, Carm and Eleven Eleven.



If you have an association with an aged care centre and would like to incorporate the SeeMore Safety program email -education@kidsfoundation.org.au

SEEMORE SAFETY SQUAD

We are all very excited to be adding a new SeeMore Safety book to our collection! Our new book, SeeMore Safety Squad, will be out towards the end of the year. In this book you will meet SeeMore and his special friends, the Safety Squad, who help teach children a wide variety of safety tips in a fun and exciting new setting! Keep an eye out!



NEW LOOK SEEMORE DOLL

Some of you will have already seen and/or received our brand new SeeMore Mascot! He has a fresh new look and is the same size as our Millie Bubblebottom and Fran doll.

If you would like one of the new SeeMore dolls, or any of our other characters or resources, head to the website and check them out!

www.kidsfoundation.org.au/store

